

The Hundreds Club

With Joshua Keller



**Mon. Wed. and Fri.
9:30am to 10:30am
Starting May 1st 2022!**

Joshua is a retired Special operations diver with a passion for fitness and helping those around him.

Over the years he rose to a fitness coordinator and an obstacle course instructor for the Navy.

After retiring he went on to become a yoga instructor before eventually making his way up to Homer.

Joshua has a forward thinking safety focused mindset that he combines with high intensity group workouts to achieve impressive results.

His Hundreds Club classes will make a great addition to your fitness program.

